

TREYNOR COMMUNITY SCHOOL

November, 2020 Breakfast & Lunch Menus

MS-HS: \$1.35 Breakfast—\$2.60 Lunch; Extra Milk \$0.50



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	3 Juice or Fruit (1/2 c.) French Toast Sticks Sausage	4 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	5 Juice or Fruit (1/2 c.) Egg Wrap	6 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar
Chicken Fried Steak Mashed Potatoes/Gravy Corn Peaches WG Bread 9-12	Beef Taco's Potato Coins Lettuce, Tomato, Cheese Pears	Pork Fritter on Bun Tater Tots Fresh Vegetables Fruit	Cheese Ravioli Marinara Sauce Roasted Broccoli Garlic Bread Pineapple	Pizza Spinach Salad Peas & Carrots Applesauce
(6-12 Salad Bar)	(4-5 Chef Salad) (6-12 Salad Bar)	(4-5 Chef Salad) (6-12 Salad Bar)	(4-5 Chef Salad) (6-12 Salad Bar)	(No Salad Bar)
9 Juice or Fruit (1/2 c.) WG Cereal WG Breakfast Bar	10 Juice or Fruit Pancake Stick	11 Juice or Fruit WG Cereal K-5 Biscuits & Gravy 6-12	12 Juice or Fruit Gold Fish Pretzel's Cheese Stick	13 Juice or Fruit WG Cereal Donut
French Toast Sticks Sausage Links Yogurt 9-12 Warm Apples	Chicken Wrap Savory Rice Steamed Carrots Fruit (4-5 Chef Salad)	Hamburger/Bun Baked Beans Chips Pineapple/Oranges (4-5 Chef Salad)	Turkey Dinner Mashed Potatoes Green Beans Dressing Dinner Roll Dessert	Chicken Strips Sweet Potato Fries Pears
(6-12 Salad Bar)	(6-12 Salad Bar)	(6-12 Salad Bar)	(No Salad Bar)	(No Salad Bar)
16 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	17 Fruit or Juice Yogurt Breakfast Bar	18 Fruit or Juice Grab N Go	19 Fruit or Juice Breakfast Pizza	20 Fruit or Juice WG Cereal WG Toast
Pizza Mixed Vegetables Garden Salad Fruit	Cheesy Potatoes & Ham Peas WG Bread Peaches	Crispito's Black Beans and Rice Cheese Sauce Applesauce	Chicken Pattie/Bun Potato Wedges Fresh Veggies Pears	Stir Fry Seasoned Rice Vegetables Pineapple/Oranges
(6-12 Salad Bar)	(4-5 Chef Salad) (6-12 Salad Bar)	(4-5 Chef salad) (6-12 Salad Bar)	(4-5 Chef Salad) (6-12 Salad Bar)	(No Salad Bar)
23 Fruit or Juice (1/2 c.) WG Cereal Breakfast Bar	24 Fruit or Juice WG Pancake Stick	25 No School	26 No School	27 No School
Mac & Cheese Corn Dog Mixed Vegetable Applesauce	Chicken Drummies Oven Fries Pears		Hannys	
No Salad Bar	No Salad Bar			
30 Fruit or Juice (1/2 c.) WG Cereal Breakfast Bar		Tha	mkigivin	
Fiestada Corn Pineapple	Give Thanks!			(We reserve the right to make changes or substitutions as necessary.)
(6-12 Salad Bar)				